

# Remsenburg-Speonk Elementary School

## STUDENT HEALTH EXAMINATION FORM (To be completed by private health care provider or school medical director)

**Note:** NYSED requires an annual physical exam for new entrants and students in Grades pre-K or K, 2, 4, 7 & 10, interscholastic sports and working papers

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Gender:  M  F  
 School: \_\_\_\_\_ Grade:  NA Exam Date: \_\_\_\_\_

### HEALTH HISTORY

**Specify Current Diseases**

Asthma ( Intermittent or  Persistent)  
 Quick relief inhaler:  Yes  No  
 Asthma Action Plan:  Yes  No  
 Type 1 Diabetes  Type 2 Diabetes  
 Hyperlipidemia  Hypertension  
 Other: \_\_\_\_\_

Sickle Cell Screen:  Positive  Negative  Not Done Date: \_\_\_\_\_  
 PPD:  Positive  Negative  Not Done Date: \_\_\_\_\_  
 Elevated Lead:  Yes  No  Not Done Date: \_\_\_\_\_  
 Dental Referral:  Yes  No  Not Done Date: \_\_\_\_\_

Allergies - See page 2 for details.

Significant Medical/Surgical Information: \_\_\_\_\_

### PHYSICAL EXAMINATION

Height: _____	Weight: _____	BP: _____	Pulse: _____	Respirations: _____		
Scoliosis: <input type="checkbox"/> Negative <input type="checkbox"/> Positive Degree of deviation: _____ Angle of trunk rotation via scoliometer: _____	<b>Vision</b>		<b>Right</b>	<b>Left</b>	<b>Referral</b>	
	Distance acuity				<input type="checkbox"/> Yes <input type="checkbox"/> No	
Distance acuity with lenses						
<b>Body Mass Index:</b> Weight Status Category (BMI Percentile): <input type="checkbox"/> <5th <input type="checkbox"/> 85 <sup>th</sup> - 94 <sup>th</sup> <input type="checkbox"/> 5 <sup>th</sup> - 49 <sup>th</sup> <input type="checkbox"/> 95 <sup>th</sup> - 98 <sup>th</sup> <input type="checkbox"/> 50 <sup>th</sup> -84 <sup>th</sup> <input type="checkbox"/> 99 <sup>th</sup> & higher		Vision - near vision				
		Vision - color perception		<input type="checkbox"/> Pass	<input type="checkbox"/> Fail	
		<b>Hearing</b>		<b>Right</b>	<b>Left</b>	<b>Referral</b>
		<input type="checkbox"/> 20 db sweep screen both ears or				<input type="checkbox"/> Yes <input type="checkbox"/> No

Circle developmental stage (ONLY for selection classification for 7th & 8th graders): Tanner:  I  II  III  IV  V

SYSTEM REVIEW AND EXAM ENTIRELY NORMAL  See attached  
 Specify any abnormalities: \_\_\_\_\_

### RECOMMENDATIONS OR RESTRICTIONS FOR PARTICIPATION IN PHYSICAL EDUCATION/SPORTS/PLAYGROUND/WORK

- Free from contagions and physically qualified for all activities (phys ed, athletics, playground, work, school)
- Expected Body Contact (full or limited): football, wrestling, basketball, ice/field/floor hockey, baseball, softball,
- Strenuous: cross-country, gymnastics, track & field, swim, diving, crew, ski, cheering, tennis, badminton, fencing,
- Non-contact/Non-strenuous: bowling, golfing, table tennis, archery, riflery, shuffleboard, walking
- Protective Equipment:  Athletic Cup  Sport/safety goggles  Other: \_\_\_\_\_
- Medical/prosthetic device: \_\_\_\_\_
- Recommendations/restrictions: \_\_\_\_\_

Name:

DOB:

**MEDICATIONS****To be completed by Health Care Provider**

Diagnosis	ICD Code	Medication Name	Dose	Route	Time	Self Directed*	Self Admin/ Self Carry**
						<input type="checkbox"/>	<input type="checkbox"/>
						<input type="checkbox"/>	<input type="checkbox"/>
						<input type="checkbox"/>	<input type="checkbox"/>
						<input type="checkbox"/>	<input type="checkbox"/>
						<input type="checkbox"/>	<input type="checkbox"/>

**\*Self Directed:** I assess this student is self-directed regarding their medication. They understand the purpose, name, amount, dose, timing and effect of taking or not taking the medication, can recognize the medication and refuse to take it inappropriately, and can ingest, inhale, apply or calculate and administer the correct dose of the medication independently

**To be completed by Parent/Guardian if medication is prescribed**

I give permission for the above medication to be administered to my child as ordered by my health care provider. I will furnish the medication in the original pharmacy container, properly labeled with directions and dosage, or original over-the-counter medication container/package with my child's name on it.

Parent/Guardian Signature:

Date:

Phone: ( )

**ALLERGIES** None Non Life-Threatening Life-ThreateningType:  Food  Insect  Latex  Medication  Seasonal/Environmental  Other:

Specify allergen(s):

Specify previous symptoms:

 History of anaphylaxis; last occurrence:Emergency Care Plan for anaphylaxis:  Yes  NoTreatment prescribed:  None  Antihistimine  Epinephrine Autoinjector**IMMUNIZATIONS** Immunization record attached Immunizations received today: Immunizations reported on NYSIIS No immunizations received today Will return on: to receive:**Provider / Parental Authorization**

**All information contained herein is valid through the last day of the month for 12 months from the date below.**

Medical Provider Signature:

Date:

Provider Name: (please print)

Phone #:

Provider Address:

Fax #:

Parent/Guardian Signature: \_\_\_\_\_

Date:

**Return to:**

School Nurse:

School:

Phone #: ( )

Fax: ( )

Date: